

9th Annual

Bishop Hayes Catholic School



RACE #1 IN MUSCATINE GRAND PRIX CIRCUIT

What: 5K Run/Walk/Jog
When: Saturday, April 12st, 2008
Where: Bishop Hayes Catholic School, 2407 Cedar St. Muscatine, IA (parking next door at MHS)
Time: 9:00am
Fee: Pre-registration \$18, non-refundable
Late Fee: Day of Run 7:30-8:30, \$20
Packet Pick-up: Bishop Hayes Catholic School
Friday, April 11th, 5-7pm
Saturday, April 12th, 7:30-8:30am

Long-sleeve performance T-Shirts to all pre-registered participants registered on or before March 27st. Long-sleeve cotton T-shirts to all other participants
Long-sleeve cotton T-Shirts to pre-registered Kids Hustle participants

REGISTRATION

Make checks payable to Hayes Hustle.

Send entry form and fee to:

Hayes Hustle

Bishop Hayes Catholic School
2407 Cedar St
Muscatine, IA 52761

Or @

http://www.Getmeregistered.com

DIVISIONS

Individual Male/Female: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

GROUP WELLNESS PROGRAM

Groups of 10 or more participants (friends & co-workers) can register together and have race packets delivered to them. A trophy will be presented to the group with the most participants. Enter group's name on application form

New This Year

Hustle Skull Caps to the first 100 registrants

Random Drawing for a 2' x 3' black and white framed poster of Steve Prefontaine.

Donated by Kent Ferris

AWARDS

Trophies to overall individual male/female winners of 5K run. Prizes to top three places

QUESTIONS? Contact

Jason Wester 563/263/5538

Email: jwester@machlink.com

Name (please print) _____ Phone # _____ Age as of 4-14-07 _____ Sex _____

Address _____ City _____ State _____ Zip _____

I am registering for the 5K _____ Kids Hustle _____ Circle T-shirt Size: YS YM YL AM AL AXL XXL (\$2 extra)

WELLNESS GROUP: _____ (group name) _____ (contact person) _____ (phone #)

Additional tax deductible donation (optional) to Bishop Hayes Catholic School _____

We will make every effort to honor your request, but T-shirt size cannot be guaranteed. Please register early.

I know that participating in a road race is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effect of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hayes Hustle committee, Bishop Hayes Catholic School, and the city of Muscatine, and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ Date _____

(Parent or Guardian Signature for participants under age 18)

Signature _____ Date _____

(Parent or Guardian Signature for participants under age 18)

No roller blades or scooters, PLEASE!

Sponsored by:



Co-owners:

Paul Kraushaar & Steve Wieskamp



Muscatine Foot and Ankle Clinic
Robert Lagone D.P.M., P.C.
Dawn Lagone D.P.M., P.C.



Salvatore's/Piazza Bella
State Farm Insurance
Bob Keig - Brian Shepley -
Brenda Garcia-Van Auken
Muscatine Medical Center
Calvin E. Atwell, M.D. F.A.C.S,
Jennifer A. Meyer, ARNP, FNP,
Janae Abma, ARNP, FNP
Vision Center
Riverbend Anesthesia

Kids Hustle

Friday April 11th 5:30 PM
Muscatine High School Track

Divisions

Boys/Girls
4 & under 100yds
5-6 400m 7-9 800m 10-11 1600m

Registration

Pre Reg-\$13.00
Race Day \$16.00

Awards

Salvatore's Gift cards awarded to top three finishers in each division

Kids Hustle participants are welcome to participate in the 5K with an adult at no additional charge

Spaghetti Supper

Friday April 11th 5-7 PM
Spaghetti, Bread, Tea or Lemonade
Adults \$7.00
Kids (3-10) \$3.00
Under 2 free

Dogs Welcome-Please Line Up in Rear