

# **CBRC Winter Meeting Series**

## **2024-2025**

### **Club Members & Their Guests!**



**FEATURING GUEST SPEAKERS, BEVERAGES, SNACKS, SOCIAL TIME, MEMBERSHIPS-NEW OR RENEWALS, MERCHANDISE SALES & UPCOMING RACE ANNOUNCEMENTS**

**1. NOVEMBER 11<sup>th</sup>, MONDAY, 7 PM** Credit Island Lodge, 2200 W. River Dr.  
Davenport

Guest Speaker: **Dr. Kristyn Darmafall, from Orthopedic Specialists and Jill Meyer from Athletico**  
- Dr. Darmafall will address injury and recovery and Jill Meyer will speak about dynamic warm up and injury prevention.

This meeting provides beverages and snacks. Upcoming races and events will also be promoted.



**2. DECEMBER 9<sup>th</sup>, MONDAY, 7 PM**

Duck Creek Park Lodge,  
3300 E. Locust St.  
Davenport

Doors open 6:00 p.m.

Eat 6:45-?, Club Business 7:15, followed by CBRC Race Circuit Awards

**Program: 2024 CBRC Race Circuit Awards**

**ALSO: CHRISTMAS HOLIDAY POTLUCK, T-SHIRT & SHOE DONATIONS ACCEPTED, CLUB BUSINESS MEETING, CLUB MERCHANDISE FOR SALE**

Please bring a dish to share. Plates, dinner ware, and napkins, and limited beverages will be provided. Bring any special beverages you like. Donate your CLEAN AND GENTLY WORN t-shirts and running shoes- we'll take them to local charities. End of year awards will be presented for overall and ticket winners of the 2024 CBRC Race Circuit. CBRC club merchandise will be for sale, with some merchandise close-out priced and new CBRC items- find your holiday gifts here! Give a club membership for a present this season!

**3. JANUARY 19<sup>th</sup>, 2025, SUNDAY**

**Columbus Club, (to be confirmed)**

Doors open 4:00 p.m., until 9 p.m. Voting Ends At 7:00 p.m.

Davenport

**ANNUAL MEETING AND ELECTION OF OFFICERS, & DJ DANCE MUSIC, TOO**

**(NFL TV playoff game access, too)**

**Guest Speaker for limited program, to be determined.**

**-4 seats up for election-**

Place your vote for candidates for the Board of Directors of CBRC, socialize with your friends, see the presentation of annual recognition awards for contributions to our running community, and dance the night away, too. Your vote counts and determines the governing body of our club. Enjoy a hot appetizer buffet, beverages, and some FUN dance music. **\$10 donation at the door helps pay for meeting expenses** (Of course, no charge to vote.)

**4. FEBRUARY 23<sup>rd</sup>, 2025, SUNDAY, 1 PM**

Duck Creek Park Lodge

Doors open at Noon

3300 E. Locust St., Davenport

**CBRC'S CHILI CHASE 4 MILE RUN**

**ARRIVE EARLY -CLOSE PARKING IS LIMITED!**

Could be snowy (or spring-like) conditions for this race through the neighborhoods of east Davenport and along the Duck Creek Recreation Path. Includes a delicious chili & sandwich lunch right after the run. Unique race awards. More details will be available at [www.combelt.org](http://www.combelt.org).